

# RUNNERS GUIDE 2025

*"Sand Hollow Marathon & Half Marathon.  
Small town marathon with big town heart!"*





**"We are looking forward to seeing each and everyone of you on Saturday!"**

We want to start by first thanking you. We are so happy you have chosen to run the Sand Hollow Marathon & Half Marathon. It means the world to us that you selected our event. To say we are excited for this year's race is an understatement. Get some rest over the next few days as we make the final preparations. Looking forward to seeing you early Saturday morning.



### PACKET PICK UP

You have two chances to pick up your race packet and bib number.

Friday night at the Hurricane Rec Center between the hours of 5pm to 8pm.

Saturday morning at the Hurricane Rec Center between 6:15am to 6:45am.

We encourage all runners to pick up their packet and bib number Friday evening when possible. And yes we do allow a friend or family member to pick up your packet.



"Bill & Michelle Ennis with Dig Paddlesports run a crowd favorite bacon aid station."

### AID STATIONS

The Sand Hollow Marathon & Half Marathon will have two courses. Aid stations will start at mile 3 for each course and every 2 miles after that.

Water, Powerade, candy and portable restrooms will be available at every aid station.

We will have a large quantity of Gu available at aid stations mile 5, 9, 13, 17, 21. We may also have some Gu available at other aid stations along the route. Please feel free to take as many Gu as needed at each aid station.

Aid stations may change. We can inform you of any changes during packet pick up.

### FULL COURSE MAPS

A course map is included in your Runners Guide. You can also view the 2025 Sand Hollow Marathon & Half Marathon course map online at [www.SandHollowMarathon.net](http://www.SandHollowMarathon.net) under the 'Course' tab menu.



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### START TIMES & LOCATIONS



The Full Marathon starts from the Hurricane Rec Center at 7:00 am.

The Half Marathon starts from the Hurricane Rec Center at 7:30 am.

The Hurricane Rec Center is located at 63 S. 100 W., Hurricane, UT 84737. Runners starting at the center are welcome to hang out indoors in the heated building. They have ample restrooms inside. There is ample parking around the rec center in the early morning hours.



**"Our indoor start means warm pre-race temperatures"**

**CLOTHING**

You may leave clothing and non-valuable items in a marked bag at the Hurricane Rec Center. Please place clothing and items in the bags provided at packet pick-up which are clearly marked with your name.

Discarded clothing at each aid station will be brought back to the Hurricane Rec Center. Clothing will be available at the finish area. If you have questions about clothing items after the race please email ChrisMathisensr@gmail.com. Items that are not retrieved after one week will be given to a charitable organization. Do not leave any valuables in the bag, along the course or at aid stations. Race management will not be held responsible for lost/ misplaced items.



**TIME STANDARD**

The Sand Hollow Marathon has never closed the course. It is possible if your times are past 6 hours that volunteers will not be at the aid stations. If you believe your time will be past 6 hours let us know. We will keep an eye out for you.



**RACE RESULTS**

Race results will be available online at Runner Card and on the Sand Hollow website. We also provide individual race cards which will be available a few minutes after crossing the finish line..

[www.RunnerCard.com](http://www.RunnerCard.com)

[www.SandHollowMarathon.net](http://www.SandHollowMarathon.net)



**VOLUNTEERS**

We have the WORLDS BEST volunteers. Please thank them for their support. We could not do this without their help.

If you have time to help on race day please email ChrisMathisensr@gmail.com. We would love to have you.

**EAT & STAY**

If you are looking for a place to eat in Hurricane we recommend the Main Street Cafe, 138 S. Main Street, Hurricane, UT.

Our lodging sponsors, Wingate, Best Western Abbey Inn St. George, Best Western Settlers Point, Red Lion, Comfort Suites, and Holiday Inn Express. Visit our website for links to these properties.

**FREQUENTLY ASKED QUESTIONS**

Is this a closed course? No. Our course is on back roads and all roads remain open to traffic. Please use caution and care on the course..

Do you have pacers? No we do not. If you are looking to run with someone running a similar place you could post this on our Facebook page.

Is this a walker friendly course? Yes! We love walkers. We have never closed a course. Please check with us if your time will be significantly over 6 hours so we can plan accordingly.

Can I purchase race photos? No. All race photos are provide to you FREE! :)

Can I change my event? Yes. In some cases a fee may apply. No refunds are available at this point.



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